Embodied carbon case studies

Assessment objective
The project’s initial target was to get embodied carbon as low as possible, and so assessment was undertaken to measure against that target.

Key lessons learned
Most applicable lessons are primarily designing for future use with CLT (Cross Laminated Timber). Coordinating specifically for and with multiple end users and providing soft spots, particularly in soldier walls. Allowing for demountability via concealing panels and needing early coordination when exposing all services and service runs are also valid for other typologies.

Key barriers and challenges
The Site had a number of constraints including height limitations and a tight site boundary, but most notably the project had to deal with a series of tunnels running from King’s Cross station which were very close to the ground. This not only reduced the option of digging into the site or piling, but meant that weight needed to be restricted to the historic loadings and that any removal of weight had to be quickly compensated for to maintain existing loading conditions. In addition, from an operational perspective, the use of the building as a sports hall meant that whilst a mixed mode ventilation strategy is used for the sports hall in its first life, the need for controlled air movement for some sports meant that a mechanical ventilation system will be needed for its second use (though mixed mode will be available as an option).
Success stories
The building is unusual in that having been designed to be adaptable it is already proven to be suitable for two very divergent use types. Its first life as a construction skills centre will soon give way to a longer life as a sports hall and gym, and the flexible spaces allow future changes of use beyond this. Considering the technical challenges and limitations on where and how loading could be brought to the ground made achieving this all the more difficult. One of the other key successes is the significant reduction of upfront carbon emissions due to the ultra lightweight and material efficient design, and the removal of almost all non-essential materials whilst maintaining a robust and high quality space.

Material selection
Due to the goal of ultra low upfront embodied emissions, coupled with the need for a lightweight structure, CLT (Cross Laminated Timber) was chosen as the primary material (both for walls and roof, supported by glulam beams). The finishes palette was minimised to remove all non-essential materials, and the dark zinc façade was chosen for being both lightweight and low-carbon, but also due to it complementing the timber and being able to be used on both roof and façade to support the monolithic massing that can be seen from the many surrounding taller buildings.

Design decision justification
Due to the site geometry dictating where the sports hall could be placed, a structural system was selected where CLT (Cross Laminated Timber) soldier panels perpendicular to the tunnels would distributing roof loads evenly across the tunnel footprint. Height constraints, and the depth of glulams required for the desired spans meant that a monopitch design was used, providing natural light and recalling the previous buildings that had occupied the site prior to clearance in the previous century.

Client engagement
The client (Argent) was fully engaged in the setting of targets and vision for the project. The targets were to drive down embodied carbon as low as possible, which drove the selection of consultants and the early design.

WLC reporting summary

Client: Argent
Architect: Bennetts Associates Architects
Structural engineer: Arup
Ecological consultant: RPS
Acoustic engineer: Ion Acoustics
Mechanical electrical public health: E3 Consulting Engineers
Active play area architect: Carve
Landscape architect: Townshend Landscape Architects
CDM / health and safety advisor: David M Eagle
Fire consultant: Oculus Building Consultancy
Access consultant: All Clear Designs Limited
BREEAM: SWECO
Carbon profiling: Sturgis Carbon Profiling llp
Cost consultant: Gardiner & Theobald
Specialist timber subcontractor: BK Structures
Delivery architect: Stride Treglown

-286 tCO₂e
Module D

429 kgCO₂/m² (A1-A5)
335 kgCO₂/m² (A1-A5)
59 kgCO₂/m² (B1-B5)
349 kgCO₂/m² (A1-A5)
-314 kgCO₂/m² (A1-A3)